



	Hot Meal	Vegetarian	Dessert
Monday	Sweet & Sour Pork, Free Range Egg & Vegetable Fried Rice, Prawn Crackers	Roasted Root Vegetable, Quorn & Lentil Hot Pot, Braised Red Cabbage	Vanilla Rice Pudding, Fruit Compote Raspberry Yoghurt
Tuesday	Shepherds Pie, Cauliflower, Garden Peas & Sweetcorn Cheese	Creamy Tomato Italian Vegetable & Penne Pasta Bake, Garden Salad	Chocolate Chip Cookie Ice Cream, Fudge Sauce Natural Yoghurt Fresh Fruit Jelly
Wednesday	Slow Cooked Beef Brisket Stew, Buttered Kale, Carrot & Swede, Steamed Minted New Potatoes	Sweet Potato, Green Bean Coconut Curry, Basmati Rice	Spotted Dick, Thick Vanilla Custard Mango Yoghurt Fresh Fruit Jelly
Thursday	Roast Chicken Breast, Mash, Buttered Savoy Cabbage, Creamy Sauce	Sweet & Sour Pak Choi, Chinese Leaf, Broccoli & Quorn, Egg Noodles	Baked Apple & Blackberry Cheesecake Passion Fruit Yoghurt Fresh Fruit Jelly
Friday	Salmon Fishcake, Buttered New Potato, Garden Salad	Wood Fired Three Margherita Pizza	Pear Eves Pudding Blueberry Yoghurt Fresh Fruit Jelly

Daily Salad Available - Plain Green Salad, Mixed Leaf Salad, Fresh Plum Tomato Salad, Grated Carrot, Beetroot, Cucumber, Corn, Petit Poi, Red Onion Slices or Spring Onion, Plain Pasta Salad, Crudité's, Plain Croutons, Grated Cheddar, Tuna, Coleslaw, Mixed Bean Salsa, French Vinaigrette, Ranch Dressing, Thousand Island Dressing, Balsamic Dressing, Extra Virgin Olive Oil, Caesar Dressing, Fresh Hummus, Fresh Basil Pesto (NUT FREE)